#### The Role of The Primary Medical Home Provider in Collaborating with Educational Professionals

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### Goals of This Talk

- Describe the role of the medical provider in caring for our children's needs and providing liaison with the school personnel
- Describe the Medical Home Model
- Describe medical and health resources available and how they function and come into play before and after school entry
- Describe some of the medical conditions that affect some of our special needs children and issues directly related to school participation
- Describe some standard and alternative medical treatments that are available for our special needs children.

## What is the Medical Home Model?

- Medical care and associated aspects of healthcare services, social resources and mental health services are disjointed, do not function well together and are difficult to understand and navigate.
- The role of the medical home provider is to provide oversight and to be the anchor or the grounding force that holds the information and is at the center of the processes at play.
- The medical home provider monitors the work up and treatment plans of the referral specialists and provides for liaison, coordination and advocacy in the process.

## What are the lines drawn?

- Medical
- Developmental
- Educational
- Mental Health

## The medical provider has some specific responsibilities and opportunities:

- Well Care Visits
  - Medical surveillance
  - Developmental screening
    - Vision
    - Hearing
    - Neurodevelopment/Developmental Milestones
  - Pre-educational and Educational preparedness/review
  - Safety screening and guidance
  - · Dental screening
  - Anticipatory guidance
  - Immunizations
- Illness visits
  - Acute
    - \* Flu
    - Gastroenteritis
    - Ear infection
    - Strep throat
    - Sinus infection
    - Asthma
  - Chronic
    - Asthma control
    - Obesity
    - Diabetes
    - Feeding disorders
    - Seizure disorder
  - Diagnosis
  - Treatment
  - Instructions that affect school attendance and delivery of treatment

- Medical Liaison
  - Monitors and manages diagnostic and treatment plans of specialists
  - Liaison with supportive services such as home nursing, public health nurses, OT, PT, and speech therapy, etc.
  - Liaison with school regarding managing medical conditions safely in the school environment
- Developmental monitoring and referral
  - New mandates from AAP for early detection and early intervention
  - Developmental screening tools
    - Well Child Visit screening questions
    - Ages and Stages Questionnaire (ASQ)
    - Modified Checklist for Autism in Toddlers (M-CHAT)
  - Close follow-up
  - Review, implementation and monitoring of reports, recommendations and services of referral sources.
- Crisis Intervention
  - Typically psycho-social or school based
  - · Behavioral problems
  - Psychological or psychiatric symptoms or decompensation
  - Parent or care giver being overwhelmed or needing extra support or respite

## What sorts of referrals does the medical home provider make?

- Medical Referrals
  - Pulmonary
  - Neurology
  - Radiology
  - Children's Hospital Oakland Child Development Center
  - Physical Therapy
  - Occupational Therapy
  - CHO Neurology
    - EEG
  - Genetics
  - X-ray
    - Scoliosis
      - MRI
  - Dental
    - Community Dental
    - CHO Dental
    - uCSF
    - David Rothman
    - Richard Sobel
- Developmental Based Referrals
  - Alameda County SART (Screening, Assessment, Referral and Treatment)
  - Regional Center of The East Bay (RCEB)
  - Audiology
  - Regional Center of The East Bay (RCEB)
  - Children's Hospital Oakland Child Development Center
  - Developmental Pediatricians
    - Brad Berman
    - Rene Wachtel
    - Ann Parker
  - Speech Therapy
    - RCEB vs. Insurance Based
  - Occupational Therapy
  - Physical Therapy
  - California Children's Services (CCS)
- Mental Health Referrals
  - Alameda County ACCESS
  - Children's Hospital Oakland Psychiatry
  - Medication

- Non-medical Referrals
  - Family Resource Network
  - Bananas
  - Community Alliance for Special Education (CASE)
  - Disability Rights Education and Defense Funds (DREDF)
  - · Protection and Advocacy, Inc.
  - Websites for professional organizations and oversight agencies
- Additional Referrals
  - Extracurricular activities
    - Departments of Parks and Recreation
    - Martial arts
    - Horse back riding
  - Nutrition
    - Books
      - Deceptively Delicious Jessica Seinfeld
      - Special Diets for Special Kids Lisa Lewis
- Educational
  - General Education
    - Attention Deficit Hyperactivity Disorder (ADHD) work-up
    - ADHD 504 Plan
    - Behavioral Assessment
    - Behavioral Support Plan
  - School District Special Education Department/Programs For Exceptional Children
    - Request Speech and Language Assessment
    - Request Student Study Team (SST) evaluation for learning difficulty
    - Request Psycho-Educational Assessment if cognitive delay, learning disability, or Autism Spectrum Disorder suspected
    - Request Occupational Therapy assessment

# Support & Advocacy: What can the medical home provider due to advocate for our special needs children?

- Screening
- Assessment
- \* Assessmen
  Referral
  - · Assist family
  - Follow-up
  - Liaison
- Provide good medical information and records to the family and school personnel
- Liaison with school personnel
  - Letters
  - · Release of information
  - Understand the special education process
  - Understand IDEA, part C and ADA, section 504
  - Reasonable, Appropriate and Respectful tone and expectations
  - · Copies of medical records

#### Additional Topics To Be Addressed At A Later Time

- Need Rx for additional medication for at school and for disaster prep
- Immunization controversies
- Update regarding Pertussis (Whooping Cough) and Influenza (H1N1 and seasonal)
- Cerebral Palsy and short term memory
- Autism and diet
- The role of medication in special needs children
  - o ADHD
  - o Autism
  - o Brain injured
  - o Seizures
  - o Behavioral disorders